



POST CARE

Clients should take extra precautions to guard against sun exposure immediately following their microneedling, as the treated area will be more sensitive the first 48 hours following the treatment. It is imperative that you use a mild sunscreen with a 30SPF or higher and avoid any direct sunlight during the course of treatment.

To achieve the best results and to protect your skin, sun block is recommended as part of your every day skin care routine.

Do not use skin exfoliants or scrubs for 10-14 days after treatment.

No heat exposure (hot tubs, saunas, steam or excessive exercise) for a minimum 48 hours after treatment.

Please clean anything that may come in contact with your face (phones, glasses) with alcohol pads and change your pillowcase the night of the procedure if a facial treatment was performed. We want to keep your treatment area as clean as possible as it will lessen the chances of breakouts.

You should keep your skin free of any makeup or additional products not applied after the treatment for a minimum of 12 hours.

General Information

Potential side effects may include: redness, swelling, burning, mild bruising and skin sensitivity, which can last 1-3 days. If you feel that you are having a negative reaction, please call our office so that we may assist you.

Mild swelling is expected immediately following the treatment and generally calms within 24 hours, but can persist longer. There may also be some mild to moderate peeling or flaking of the skin noticed after the treatment.

Clients may experience significant redness in the treatment area for up to 3-7 days after treatment. This redness may persist longer in treatment areas other than the face.

As with any treatments, the response, results and healing after a microneedling treatment varies with each individual and a specific outcome is not guaranteed.